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## Pixler Makes History, Eighty USTFCCCA Division II Cross Country All-Americans Honored

**November 21, 2009**

**NEW ORLEANS** – The U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) is pleased to announce eighty student-athletes from NCAA's Division II as recipients of the 2009 USTFCCCA Cross Country All-American award.

Award winners finished among the top 40 in either the men's or women's races at the NCAA Division II Cross Country Championships held Saturday in Evansville, Ind.

Seattle Pacific's Jessica Pixler made NCAA history in becoming the first female Division II athlete to win three individual cross country championships, doing so with a seven-plus-second victory in the women's six-kilometer race (20:22.6). Western Washington junior Sarah Porter took second (20:30.1) while Missouri Southern's Ashley Siler (20:43.6) and Kimi Shank (20:44.5) placed third and fourth, respectively.

The women's team race was claimed by Adams State for the seventh-consecutive year as freshman Alicia Nelson led a group of five Grizzly All-Americans to the title with a seventh-place overall finish. Grand Valley State, who also had five earn All-American honors, was second in the team competition followed by Missouri Southern.

Adams State senior Reuben Mwei clocked 30:27.8 in the men's 10-kilometer race to claim the NCAA Individual Championship in leading Adams State to their second-straight NCAA Division II men's team title. Mwei finished just four tenths of a second ahead of Harding's Daniel Kirwa for the crown in becoming Adams State's first individual title holder since 2003. All seven Grizzly runners earned All-America status and placed in the top 25. Western State, who took second in the team race, had five runners garner All-America honors.

Awards for the USTFCCCA Division II Cross Country National Athletes and Coaches of the Year will be announced later in the week as they are pending selection by a national vote.

## 2009 USTFCCCA Division II Cross Country All-Americans MEN

<b>Athlete</b>	<b>School</b>
Amos Sang	Abilene Christian
Aaron Braun	Adams State
Anthony Gauthier	Adams State
Brian Medigovich	Adams State
Luke Cragg	Adams State
Nathaniel Sellers	Adams State
Reuben Mwei	Adams State
Ryan McNiff	Adams State
Micah Chelimo	Alaska Anchorage
Glarius Rop	American International
Julius Korir	Cameron
Laban Sialo	Central Missouri
Jimmy Elam	Chico State
Aaron Swift	Colorado Mines
Ben Zywicki	Colorado Mines
Meshack Koyiaki	Columbus State
Nicholas Kering	Columbus State
Ross Faasse	Grand Valley State
Tyler Emmorey	Grand Valley State
Daniel Kirwa	Harding
Philip Biwott	Harding
Hillary Mugun	Indiana (Pennsylvania)
Nick Hilton	Lock Haven
Brennan Benkert	Missouri Southern
Nicaise Kazingo	New Mexico Highlands
Drew Harris	Northern Kentucky
Barak Watson	Northwest Nazarene
Oscar Ogwaro	Queens (North Carolina)
Brendan Devine	Southern Indiana
Dustin Emerick	Southern Indiana
Jared McNeil	Tarleton State
Angus MacDonald	UMass Lowell
Pardon Ndhlovu	UNC-Pembroke
Chris Reed	Western Oregon
David Flynn	Western State
Iain Donnan	Western State
Loren Ahonen	Western State
Sean Brown	Western State
Tyler Pennel	Western State
Jordan Welling	Western Washington

MORE

**2009 USTFCCCA Division II Cross Country All-Americans  
WOMEN**

<b>Athlete</b>	<b>School</b>
Janette Cary	Adams State
Kristen McGlynn	Adams State
Alicia Nelson	Adams State
Ashley Quintana	Adams State
Vanessa Roy	Adams State
Ruth Keino	Alaska Anchorage
Miriam Kipng'eno	Alaska Anchorage
Whitney Bishoff	Anderson (South Carolina)
Vivien Wadeck	Cal State LA
Tori Tyler	Chico State
Alia Gray	Chico State
Kara Lubieniecki	Chico State
Sydney Laws	Colorado Mines
Christina Muir	Ferris State
Sara Trane	Florida Tech
Lynsey Ardingo	Grand Valley State
Eileen Creutz	Grand Valley State
Amy Kolin	Grand Valley State
Katherine McCarthy	Grand Valley State
Jessie Vickers	Grand Valley State
Ashley Quick	Hillsdale
Kate Griewisch	Lenoir-Rhyne
Kathryn Hague	Lewis
Christie Turak	Mercyhurst
Priscilla Jennings	Millersville
Ali Paul	Minnesota State-Mankato
Morgan Place	Minnesota-Duluth
Ashley Bunch	Missouri Southern
Kimi Shank	Missouri Southern
Ashley Siler	Missouri Southern
Courtney Waltbillig	Missouri Southern
Jeptui Cherutich	NYIT
Jessica Pixler	Seattle Pacific
Mary Dell	Shippensburg
Jennifer Harpp	Slippery Rock
Mary Ballinger	Southern Indiana
Erin Carmone	Stonehill
Hillory Davis	Western State
Lauren Breihof	Western Washington
Sarah Porter	Western Washington