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HY-TEK's Meet Manager 1/15/2010 10:42 PM

2010 Appalachian Indoor Open Track Meet - 1/15/2010

Boone, N.C.

Results

Event 1 Women Shot Put

Name	Year School	Finals
Finals		
1 Watkins, Gayshawna	Appalachian	12.85m
2 Alexander, Ashlie	Gardner-Webb	12.61m
3 Leavell, Chelsea	Milligan	11.83m
4 Cutrona, Kara	Emory	11.36m
5 Sloan, Lauren	Anderson (S.	11.26m
6 King, Elise	Milligan	11.20m
7 McCarroll, Stephanye	Winthrop	11.10m
8 Bass, Crystal	Lees-McRae	10.29m
9 Frazier, Kayla	Lees-McRae	9.98m
10 Wilkinson, Ebony	Winthrop	9.40m
11 Pineda, Rebekah	Unc-Ashevill	9.26m
12 Chick, Khristina	Unc-Ashevill	8.84m
13 Smith, Gabrielle	Guilford	7.99m
14 Dockins, Paige	Anderson (S.	6.82m
15 Simmons, Caroline	Guilford	6.38m

Event 2 Men Shot Put

Name	Year School	Finals
1 Gardner, Jerod	Appalachian	15.84m
2 Lane, Jacob	Unattached	14.36m
3 Stalling, Jared	Appalachian	14.29m
4 Pearce, Billy	Winthrop	13.22m
5 Euwer, Ben	Emory	12.84m
6 Daher, Joe	Lees-McRae	12.82m
7 Zapf, Hank	Winthrop	12.76m
8 Goodchild, Jake	Appalachian	12.72m
9 Rogers, Travis	Gardner-Webb	12.63m
10 Lail, Zane	Appalachian	12.49m
11 Poplin, Caleb	Appalachian	12.38m
12 Bursley, Allyn	Milligan	12.18m
13 Brown, Mark	Winston-Sale	11.67m
14 Crudup, Jordan	Winston-Sale	11.58m
15 Byars, Will	Anderson (S.	11.54m
16 Bright, Thomas	Emory	10.77m
17 Riner, Travis	Unattached	10.64m
18 Boruff, Matt	Appalachian	10.55m
19 Broadnax, Alan	Mars Hill	10.15m
20 Brusich, Evan	Gardner-Webb	10.02m
21 Black, Derrike	Anderson (S.	9.92m

Event 3 Women Weight Throw

Name	Year School	Finals
1 Howard, Ashley	Winthrop	17.04m
2 Leavell, Chelsea	Milligan	14.72m
3 Watkins, Gayshawna	Appalachian	13.97m

4	Campbell, Durecelle	Anderson (S.	12.85m
5	Thompson, Brie	Gardner-Webb	12.08m
6	King, Elise	Milligan	11.40m
7	Sloan, Lauren	Anderson (S.	11.39m
8	Pineda, Rebekah	Unc-Asheville	11.07m
9	Cutrona, Kara	Emory	10.73m
10	Miller, Genay	Lees-McRae	10.03m
11	Cook, Jamara	Lees-McRae	9.51m
12	Anderson, Claire	Unc-Asheville	8.59m
13	Anderson, Kendra	Winthrop	8.35m
14	Smith, Gabrielle	Guilford	6.37m
15	Simmons, Caroline	Guilford	5.30m

Event 4 Men Weight Throw

Name	Year School	Finals	
1	Styers, Malcolm	Appalachian	18.34m
2	Daly, Timothy	Appalachian	16.98m
3	Stalling, Jared	Appalachian	15.80m
4	Gardner, Jerod	Appalachian	15.78m
5	Poplin, Caleb	Appalachian	15.36m
6	Hutschalik, Christoph	Gardner-Webb	14.83m
7	Daher, Joe	Lees-McRae	14.76m
8	Lane, Jacob	Unattached	14.39m
9	Gist, Devin	Winthrop	14.26m
9	Zapf, Hank	Winthrop	14.26m
11	Rogers, Travis	Gardner-Webb	14.00m
12	Payne, Tanner	Milligan	13.11m
13	Lail, Zane	Appalachian	12.46m
14	Byars, Will	Anderson (S.	12.22m
15	Bright, Thomas	Emory	11.98m
16	Euwer, Ben	Emory	11.21m
17	Westerman, Justin	Milligan	10.76m
18	Black, Derrike	Anderson (S.	10.04m

Event 5 Women High Jump

Name	Year School	Finals	
1	Hazeltine, Rebecca	Appalachian	1.73m
2	Ford, Theresa	Emory	1.68m
3	Ward, Julie	Appalachian	1.63m
4	Herd, Sarah	Gardner-Webb	J1.63m
5	Hills, Bridgette	Appalachian	1.58m
6	Howell, Ann	Gardner-Webb	J1.58m
6	Attiah, Lauren	Emory	J1.58m
8	Peaks, Jessica	Winston-Sale	1.53m
9	Rodgers, Katelyn	Anderson (S.	J1.53m
10	Lane, Persha	Winston-Sale	1.48m
--	Gunn, Emily	Guilford	NH
--	Riggs, Elizabeth	Guilford	NH
--	Antia-Obong, Amami	Winthrop	NH

Event 6 Men High Jump

Name	Year School	Finals	
1	Purcell, Darius	Appalachian	2.09m
2	Boruff, Matt	Appalachian	1.99m

3	Young, Dexter	Winthrop	J1.99m
4	Reber, Collin	Appalachian	1.89m
5	Rucker, Johnathon	Gardner-Webb	J1.89m
6	Triplett, Brad	Appalachian	J1.89m
7	Nwannunu, Nelson	Emory	J1.89m
8	Brusich, Evan	Gardner-Webb	1.79m
8	Carter, David	Appalachian	1.79m
10	Eckard, Cody	Mars Hill	J1.79m
10	Mozzone, Nick	Unc-Ashevill	J1.79m
--	Williams, Fredrick	Winthrop	NH
--	Rowand, Shawn	Lees-McRae	NH
--	Pruente, Brad	Unattached	NH
--	Francis, Ian	Emory	NH
--	Hogbin, Danny	Lees-McRae	NH
--	Cleare, Christopher	Winston-Sale	NH
--	Parker, Billy	Montreat	NH
--	Summerville, Nathan	Winston-Sale	NH

Event 7 Women Pole Vault

Name	Year	School	Finals
1	Ward, Julie	Appalachian	3.65m
2	Beale, Ashley	Appalachian	J3.65m
3	Cook, Taylor	Gardner-Webb	3.35m
4	Long, Carrie	Gardner-Webb	J3.35m
5	Wilson, Meredith	Appalachian	J3.35m
6	Bowman, Tara	Winthrop	3.05m
--	Wright, Bethany	Gardner-Webb	NH
--	Howell, Ann	Gardner-Webb	NH

Event 8 Men Pole Vault

Name	Year	School	Finals
1	Arthur, Jonathan	Lees-McRae	4.85m
2	Twiford, Ryan	Appalachian	4.70m
3	Boruff, Matt	Appalachian	4.55m
4	Bell, Jack	Appalachian	J4.55m
5	Goodchild, Jake	Appalachian	4.40m
6	Lombardo, Tony	Emory	4.25m
7	Walker, Chris	Winthrop	4.10m
7	Patterson, Landon	Appalachian	4.10m
9	Dever, Kevin	Lees-McRae	J4.10m
10	Sandling, Evan	Appalachian	3.95m
10	Gardner, Steven	Gardner-Webb	3.95m
10	Walker, Drew	Winthrop	3.95m
--	Boyd, Ian	Unc-Ashevill	NH
--	Mossy, Roy	Emory	NH
--	Hart, Zach	Anderson (S.	NH
--	McManus, Clint	Gardner-Webb	NH
--	Wilson, Mike	Appalachian	DNF

Event 9 Women 55 Meter Hurdles

Name	Year	School	Prelims	H#
Preliminaries				
1	Crutchfield, Kiara	Appalachian	8.40q	1
2	Brutus, Michelle	Appalachian	8.63q	1

3	Brown, Stephanie	Winston-Sale	8.76q	3
3	Honor, Sharrone	Winthrop	8.76q	1
5	Webley, Crystal	Winston-Sale	8.82q	2
6	Simpkins-McGee, Melody	Winston-Sale	8.83q	3
7	Donino, Brittany	Emory	9.01q	2
8	McCullough, Jasmine	Emory	9.02q	4
9	Crutchfield, Naadia	Appalachian	9.32	2
10	Davis, Joanna	Appalachian	9.33	3
11	Tyler, Erin	Lees-McRae	9.43	3
12	Stafford, Whitney	Unc-Ashevill	9.53	2
13	Lee, Yazzming	Gardner-Webb	9.58	4
14	Hayes, Nadine	Mars Hill	9.62	4
15	Diggs, Charlotte	Emory	9.94	4
16	Mercer, Meredith	Mars Hill	10.47	5
17	Hunt, Ashley	Unc-Ashevill	10.58	5
18	Brooks, Emily	Lees-McRae	10.60	6
19	Smith, Ginny	Mars Hill	10.76	6
20	Arledge, Caroline	Gardner-Webb	10.91	5
21	Wingler, Victoria	Unattached	11.27	6
22	Milton, Katy	Gardner-Webb	12.23	5
23	Clodfelter, Ashlei	Unc-Ashevill	12.95	1

Event 9 Women 55 Meter Hurdles

Name	Year School	Finals	H#
Finals			
1	Crutchfield, Kiara	Appalachian	8.41 2
2	Brown, Stephanie	Winston-Sale	8.53 2
3	Brutus, Michelle	Appalachian	8.58 2
4	Honor, Sharrone	Winthrop	8.75 2
5	Webley, Crystal	Winston-Sale	8.83 1
6	Simpkins-McGee, Melody	Winston-Sale	8.96 1
6	Donino, Brittany	Emory	8.96 1
8	McCullough, Jasmine	Emory	8.97 1

Event 10 Men 55 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1	Simms, Keary	Winthrop	7.78q 1
1	Waters, Frankie	Mars Hill	7.78q 1
3	Rucker, Johnathon	Gardner-Webb	7.93q 1
4	Dry, Steve	Emory	7.98q 1
5	Bryant, Everett	Emory	8.00q 2
6	Bush, Phillip	Appalachian	8.02q 3
6	Jones, Trey	Appalachian	8.02q 2
8	Dohanic, AJ	Appalachian	8.06q 4
9	Larsen, Derek	Unc-Ashevill	8.12 4
10	Hain, Fritz	Emory	8.14 2
11	Sulick, Charles	Winthrop	8.18 2
12	Barber, William	Mars Hill	8.25 6
13	Williams, Brandon	Lees-McRae	8.35 4
14	Brown, Joseph	Lees-McRae	8.44 4
15	Thompson, Sean	Appalachian	8.48 5
16	Patton, Kevin	Milligan	8.86 5
16	Warren, Taylor	Unattached	8.86 5
18	Facinoli, Theo	Winthrop	9.11 3
19	Pruente, Brad	Unattached	11.15 3

-- DeBerry, Josh	Mars Hill	DQ	6
-- Glenn, Chris	Lees-McRae	DQ	3

Event 10 Men 55 Meter Hurdles

Name	Year School	Finals	H#
Finals			
1 Waters, Frankie	Mars Hill	7.60	2
2 Simms, Keary	Winthrop	7.67	2
3 Bush, Phillip	Appalachian	7.83	1
4 Jones, Trey	Appalachian	7.88	1
5 Rucker, Johnathon	Gardner-Webb	7.89	2
6 Bryant, Everett	Emory	7.93	1
7 Dry, Steve	Emory	8.02	2
8 Dohanic, AJ	Appalachian	8.17	1

Event 11 Women 55 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Pearson, Natalie	Unattached	7.11q	1
2 McKiver, Ashley	Appalachian	7.25q	1
3 Dyer, Alix	Emory	7.37q	1
4 Jiles, Denesha	Winston-Sale	7.43q	3
5 Christian, Ioni	Chattahoochee Te	7.50q	6
6 Parker, Christina	Appalachian	7.55q	2
7 Hall, Krishaun	Anderson (S.	7.59q	5
7 Reynolds, Alisha	Emory	7.59q	2
9 Jones, Eureka	Unc-Asheville	7.60	3
10 Mosley, Shauntia	Chattahoochee Te	7.68	5
11 Brigham, Aliegha	Gardner-Webb	7.72	2
12 Evans, Re'Jeania	Anderson (S.	7.73	5
13 Lynch, Mardavia	Winthrop	7.75	1
14 Gilliam, Alexis	Winthrop	7.76	4
15 Gentry, Sarah	Unc-Asheville	7.78	4
16 McMiller, Tawatha	Chattahoochee Te	7.81	5
17 Cleveland, Kayla	Winthrop	7.82	3
17 Johnson, Suzanne	Milligan	7.82	2
19 Hall, Joy	Lees-McRae	7.85	4
20 Wright, Bethany	Gardner-Webb	7.90	3
21 Tyler, Erin	Lees-McRae	8.04	6
22 Mitchell, Gabriel	Winston-Sale	8.05	8
23 Sutherland, Sharisse	Mars Hill	8.07	6
24 Solsbee, Sarah	Anderson (S.	8.08	7
25 McEntyre, Jessica	Mars Hill	8.20	6
26 Daughtry, Chelsea	Mars Hill	8.38	7
27 Phillips, Taylor	Guilford	8.77	7
28 Kozar, Courtney	Guilford	9.19	8

Event 11 Women 55 Meter Dash

Name	Year School	Finals	H#
Finals			
1 Pearson, Natalie	Unattached	7.08	2
2 McKiver, Ashley	Appalachian	7.20	2
3 Dyer, Alix	Emory	7.35	2
4 Jiles, Denesha	Winston-Sale	7.43	2

5	Parker, Christina	Appalachian	7.49	1
6	Christian, Ioni	Chattahoochee Te	7.54	1
7	Hall, Krishaun	Anderson (S.	7.65	1

Event 12 Men 55 Meter Dash

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	Name	Year School	Prelims	H#
=====				
Preliminaries				
1	Williams, Paul	Winston-Sale	6.42q	5
2	Lockard, Thomas	Appalachian	6.47q	2
3	Powell, Landon	Appalachian	6.54q	1
3	Waters, Frankie	Mars Hill	6.54q	2
5	McLean, Squirt	Unattached	6.56q	3
5	Svoboda, John	Appalachian	6.56q	1
5	Thomas, Justin	Appalachian	6.56q	4
8	Simms, Keary	Winthrop	6.58q	2
9	Zeller, Nick	Appalachian	6.65	2
10	Pickett, David	Unc-Asheville	6.66	8
11	Yarbrough, Jordan	Unc-Asheville	6.71	4
11	Pearce, DeSean	Appalachian	6.71	4
13	Miller, Bo	Gardner-Webb	6.72	6
13	Faits, Tyler	Emory	6.72	4
13	Howell, Soloman	Unattached	6.72	1
16	Grier, Bobby	Winston-Sale	6.77	6
16	Williams, Fredrick	Winthrop	6.77	7
18	Butler, Josh	Anderson (S.	6.78	9
19	Fuller, Chase	Gardner-Webb	6.80	10
20	Hill, Andrew	Appalachian	6.82	3
20	Nwannunu, Nelson	Emory	6.82	5
22	Steinke, Paul	Gardner-Webb	6.84	8
23	Maxwell, Terence	Unattached	6.89	10
24	Reynolds, Jeremy	Chattahoochee Te	6.90	5
25	Glenn, Chris	Lees-McRae	6.92	6
26	Alexander, Corey	Lees-McRae	6.97	9
27	Philips, Adam	Lees-McRae	6.98	10
28	Enright, Billy	Unc-Asheville	6.99	7
29	Martin, John	Appalachian	7.01	8
30	Facinoli, Theo	Winthrop	7.06	11
31	DeBerry, Josh	Mars Hill	7.08	11
32	Peters, Jake	Milligan	7.11	10
33	Thompson, Quinton	Chattahoochee Te	7.14	6
33	Riddle, Alex	Unattached	7.14	8
35	Hilgendorf, Matt	Emory	7.18	9
35	Rackley, Kendall	Unattached	7.18	9
37	Parker, Billy	Montreat	7.42	7
38	Ragland, Sherman	Mars Hill	7.44	11
39	Grant, Phillip	Chattahoochee Te	7.48	5

Event 12 Men 55 Meter Dash

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	Name	Year School	Finals	H#
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Finals				
1	Williams, Paul	Winston-Sale	6.40	2
2	Powell, Landon	Appalachian	6.41	2
3	Lockard, Thomas	Appalachian	6.47	2
4	Svoboda, John	Appalachian	6.55	1
5	Thomas, Justin	Appalachian	6.58	1
6	Simms, Keary	Winthrop	6.59	1

-- Waters, Frankie Mars Hill DQ 2

Event 13 Women 1 Mile Run

Name	Year School	Finals
1 Kulesz, Melanie	Unc-Ashevill	5:18.05
2 Reese, Dani	Appalachian	5:19.90
3 Foreman, Trinity	Appalachian	5:21.73
4 Scott, Laura	Gardner-Webb	5:33.62
5 Palka, Diana	Gardner-Webb	5:35.37
6 McMahan, Catie	Milligan	5:40.11
7 Bussard, Emma	Unc-Ashevill	5:42.59
8 Nelson, Leah	Milligan	5:48.10
9 Adamson, Cassie	Mars Hill	5:49.31
10 Rigaud, Manuela	Winston-Sale	5:53.14
11 Henderson, Hannah	Lees-McRae	5:54.76
12 Smith, Kylie	Unc-Ashevill	5:55.19
13 Sawyer, Elisabeth	Gardner-Webb	5:56.46
14 Wetzal, Lindsay	Appalachian	6:01.26
15 Eckroth, Emily	Anderson (S.	6:02.56
16 Azarelo, Kristen	Appalachian	6:09.56
17 Rogers, Rachael	Mars Hill	6:21.28
18 Calamese, Taylor	Winston-Sale	6:23.35
19 Diem, Melanie	Guilford	6:27.22
-- Mizok, Lindsay	Montreat	DNF
-- Ingram, Kaycee	Guilford	DNF
-- Bidot, Alissa	Chattahoochee Te	DNF

Event 14 Men 1 Mile Run

Name	Year School	Finals
1 Mitchell, Phillip	Unattached	4:20.16
2 Galloway, Bud	Appalachian	4:25.57
3 Kelly, Nick	Gardner-Webb	4:27.80
4 Freudenthal, Adam	Winthrop	4:29.93
5 Meyer, Alec	Appalachian	4:31.72
6 Nisbett, Ted	Winthrop	4:34.44
7 Thomas, Aaron	Mars Hill	4:34.58
8 Chirchir, Eliud	Unc-Ashevill	4:37.34
9 Jordan, Alex	Anderson (S.	4:39.93
10 Murphy, Matt	Milligan	4:43.30
11 Howard-Smith, James	Appalachian	4:43.37
12 Simpkins, Craig	Lees-McRae	4:47.07
13 Stanton-Brooks, Josiah	Gardner-Webb	4:53.05
14 Reynolds, Nigel	Anderson (S.	4:53.11
15 Surran, Jeffery	Milligan	4:57.12
16 Harrell, Daniel	Milligan	4:59.09
17 Witherspoon, Cameron	Mars Hill	5:01.35
18 Jones, Cornell	Winston-Sale	5:01.62
19 Schnapp, Adam	Unc-Ashevill	5:02.02
20 Crenshaw, Ben	Mars Hill	5:15.00
21 Grondy, Jake	Unattached	5:41.59

Event 15 Women 400 Meter Dash

Name	Year School	Finals	H#
1 Robinson, Sasha	Winthrop	58.93	1

2	Figueroa, Elsa	Milligan	59.54	3
3	McLucas, D'Shawrna	Appalachian	59.66	3
3	Levy, Melanie	Emory	59.66	3
5	Reynolds, Alisha	Emory	1:00.01	1
6	Lawson, Ashley	Winston-Sale	1:00.12	1
7	Liriano, Nadia	Appalachian	1:00.66	2
8	Hiller, Lynda	Appalachian	1:00.73	2
9	Dunlap, Asia	Appalachian	1:00.79	3
10	Lamons, Shanika	Winston-Sale	1:01.17	1
11	Watson, Latasha	Winthrop	1:01.22	2
12	Martin, Shenita	Appalachian	1:02.49	4
13	Rivers, Cynette	Winston-Sale	1:03.00	2
14	Sa-Aadu, Hadzia	Emory	1:03.12	4
15	Patterson, Jovelle	Chattahoochee Te	1:04.15	5
16	Richardson, Cherish	Gardner-Webb	1:05.29	5
17	Mull, Charlotte	Unc-Ashevill	1:06.28	7
18	Raines, Shanna	Milligan	1:07.33	4
19	Pineda, Emily	Unc-Ashevill	1:08.00	6
20	Turner, Tasha	Chattahoochee Te	1:08.53	5
21	Omina, Tessy	Guilford	1:08.71	7
22	Lee, Yazzming	Gardner-Webb	1:09.64	6
23	Walker, Jamila	Mars Hill	1:09.73	6
24	Oltmann, Lyndsay	Milligan	1:10.11	6
25	Kielhack, Tabitha	Mars Hill	1:10.58	7
26	Holloway, Melissa	Mars Hill	1:18.15	5
27	McClintock, Corey	Unc-Ashevill	1:19.76	7
--	Washington, LaDonna	Chattahoochee Te	DNF	4

Event 16 Men 400 Meter Dash

Name	Year School	Finals	H#
1	Svoboda, John	Appalachian	49.61 1
2	Sidbury, Gerrod	Unattached	49.92 1
3	Smith, Chad	Winston-Sale	50.60 1
4	Faits, Tyler	Emory	51.25 2
5	Wood, Aaron	Unattached	51.60 2
6	Sulick, Charles	Winthrop	51.88 6
7	Jordan, Dwayne	Milligan	52.24 2
8	King, Bradley	Lees-McRae	52.28 6
9	Dohanic, AJ	Appalachian	52.43 3
10	Thompson, Sean	Appalachian	52.44 6
10	Combs, Tyler	Appalachian	52.44 4
12	Massey, Davril	Winston-Sale	52.51 5
13	Brennen, Chike	Emory	52.70 5
14	Chambers, Isaac	Emory	52.73 3
15	Stephens-Holland, Gerald	Appalachian	52.82 3
16	Tanis, Brad	Lees-McRae	52.85 5
17	Reeves, Zarkeed	Mars Hill	52.98 4
18	Coe, Brenton	Winthrop	53.66 8
19	Mostella, Stephen	Lees-McRae	54.15 7
20	Mathis, Tyree	Winthrop	55.02 7
21	Miller, Bo	Gardner-Webb	55.41 7
22	Archer, Andrew	Chattahoochee Te	56.21 4
23	Johnson, Jeremy	Winston-Sale	56.35 6
24	Oakman, George	Chattahoochee Te	56.78 4
25	Smith, Nathan	Lees-McRae	56.89 8
26	Edwards, Jonathan	Chattahoochee Te	58.57 5
27	Parker, Billy	Montreat	1:00.36 7
28	Padgett, Josh	Gardner-Webb	1:03.03 8

Event 17 Women 800 Meter Run

Name	Year	School	Finals	H#
1 Winfrey, Tyrah		Winston-Sale	2:25.71	1
2 Zimmerman, Ariel		Gardner-Webb	2:26.46	2
3 Reese, Dani		Appalachian	2:27.73	3
4 Shepherd, Korin		Winston-Sale	2:29.63	2
5 Schofield, Jennifer		Winthrop	2:30.06	2
6 Hughes, Ivana		Gardner-Webb	2:30.42	1
7 Steinke, Leah		Gardner-Webb	2:31.19	1
8 Burke, Bridget		Appalachian	2:31.65	1
9 Howie, Linnea		Appalachian	2:31.75	1
10 Hubbard, Lauren		Milligan	2:32.69	1
11 Sickman, Lisa		Winthrop	2:33.23	2
12 Kalmeijer, Alyska		Unc-Asheville	2:34.41	3
13 Fraser, Ashley		Winston-Sale	2:36.11	3
14 Coburn, Samantha		Winthrop	2:36.71	3
15 Olert, Katie		Unc-Asheville	2:37.14	3
16 Exline, Heather		Milligan	2:38.24	2
17 Purinton, Kathryn		Anderson (S.	2:39.20	4
18 Crutchfield, Naadia		Appalachian	2:43.63	4
19 Berry, Isabel		Anderson (S.	2:46.50	4
20 Laird, Katy		Anderson (S.	2:57.48	4
-- Foreman, Trinity		Appalachian	DNF	2
-- Wetzell, Lindsay		Appalachian	DNF	3

Event 18 Men 800 Meter Run

Name	Year	School	Finals	H#
1 Taylor, Alex		Appalachian	1:55.83	1
2 Chebii, Andrew		Winston-Sale	1:55.87	1
3 Hudgins, Brandon		Appalachian	1:56.70	1
4 Wiggan, Desmond		Winston-Sale	1:57.43	1
5 Stanton-Brooks, Josiah		Gardner-Webb	1:58.34	2
6 Galloway, Bud		Appalachian	1:59.94	2
7 Philip, Harrison		Chattahoochee Te	2:00.14	2
8 O'Keefe, Nick		Appalachian	2:02.24	1
9 Steinke, Charlie		Gardner-Webb	2:02.81	1
10 Shaffer, Matt		Anderson (S.	2:03.31	3
11 Weaver, Jay		Appalachian	2:03.54	2
12 Hawkins, Brendan		Milligan	2:04.06	3
13 Kelly, Nick		Gardner-Webb	2:04.48	3
14 Yarchin, Andrew		Appalachian	2:04.84	2
15 Davis, Micheal		Lees-McRae	2:05.65	4
16 Mordecai, Sam		Appalachian	2:08.08	3
17 Anderson, Seth		Appalachian	2:08.09	3
18 Benjamin, Durane		Winthrop	2:09.32	3
19 Legins, James		Winston-Sale	2:10.62	4
20 Howard-Smith, James		Appalachian	2:11.34	2
21 Greenfield-Tuttle, Josh		Mars Hill	2:11.95	4
22 Murray, Chris		Unc-Asheville	2:15.29	4
23 Kacerrgis, Sam		Unattached	2:17.39	4
24 Watson, Nathan		Mars Hill	2:22.45	4
25 Welch, Ryne		Anderson (S.	2:29.64	4

Event 19 Women 200 Meter Dash

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Name	Year	School	Finals	H#
1 McKiver, Ashley		Appalachian	25.89	2
2 Crutchfield, Kiara		Appalachian	25.97	6
3 Antia-Obong, Amami		Winthrop	26.06	2
4 Bethea, Chantelle		Winston-Sale	26.28	1
5 Seegars, Allegra		Winston-Sale	26.32	1
6 Parker, Christina		Appalachian	26.39	3
7 Liriano, Nadia		Appalachian	26.44	6
8 Hiller, Lynda		Appalachian	26.48	4
9 McLucas, D'Shawrna		Appalachian	26.55	5
10 Dunlap, Asia		Appalachian	26.61	4
11 Migoyo, Yolanda		Milligan	26.63	2
12 Jiles, Denesha		Winston-Sale	26.66	3
13 Attiah, Lauren		Emory	27.00	5
14 Donino, Brittany		Emory	27.37	3
15 Makabu, France		Milligan	27.42	1
16 Monroe, Cherise		Winthrop	27.69	7
17 Lynch, Mardavia		Winthrop	28.01	4
18 Hall, Krishnaun		Anderson (S.	28.19	7
19 Brigham, Aliegha		Gardner-Webb	28.22	8
20 Mosley, Shauntia		Chattahoochee Te	28.53	10
21 Diggs, Charlotte		Emory	28.56	9
22 Milton, Katy		Gardner-Webb	29.32	8
23 McClintock, Corey		Unc-Ashevill	29.45	8
24 McMiller, Tawatha		Chattahoochee Te	29.53	10
25 Turner, Tasha		Chattahoochee Te	29.55	10
26 Poindexter, Iesha		Lees-McRae	29.82	9
27 Mull, Charlotte		Unc-Ashevill	30.19	9
28 Daughtry, Chelsea		Mars Hill	30.27	12
29 Clodfelter, Ashlei		Unc-Ashevill	30.33	5
30 Arledge, Caroline		Gardner-Webb	31.74	12
31 Solsbee, Sarah		Anderson (S.	32.22	11
32 Totman, Shannon		Mars Hill	32.75	11
33 Dailey, Kate		Guilford	33.40	13
34 Kozar, Courtney		Guilford	33.50	13
35 Wingler, Victoria		Unattached	37.54	12
-- Walker, Jamila		Mars Hill	DNF	11
-- Davis, Joanna		Appalachian	DNF	7
-- Evans, Re'Jeania		Anderson (S.	DNF	6

Event 20 Men 200 Meter Dash

Name	Year	School	Finals	H#
1 Williams, Paul		Winston-Sale	22.20	1
2 Zeller, Nick		Appalachian	22.62	3
3 Grier, Bobby		Winston-Sale	22.84	1
4 Urrutia, Raymond		Unc-Ashevill	23.09	12
5 Lockard, Thomas		Appalachian	23.24	3
6 Thomas, Justin		Appalachian	23.38	5
7 Oakman, George		Chattahoochee Te	23.45	2
8 Pearce, DeSean		Appalachian	23.52	7
8 Combs, Tyler		Appalachian	23.52	4
10 Ezike, Mike		Milligan	23.82	3
11 Stephens-Holland, Gerald		Appalachian	23.85	5
12 Yarbrough, Jordan		Unc-Ashevill	23.92	13
13 Coe, Brenton		Winthrop	23.99	7
13 Jones, Trey		Appalachian	23.99	6
15 Maxwell, Terence		Unattached	24.03	5

16	Reeves, Zarkeed	Mars Hill	24.22	4
17	Hilgendorf, Matt	Emory	24.24	6
18	Ragland, Sherman	Mars Hill	24.25	10
19	Facinoli, Theo	Winthrop	24.38	6
20	Hain, Fritz	Emory	24.41	7
21	Bryant, Everett	Emory	24.43	4
22	Mathis, Tyree	Winthrop	24.45	10
23	Bennett, Robby	Lees-McRae	24.63	9
24	Pickett, David	Unc-Ashevill	24.64	11
25	Philips, Adam	Lees-McRae	24.67	8
26	Fuller, Chase	Gardner-Webb	24.72	10
27	Nelson, Van	Gardner-Webb	24.73	9
28	Haake, Simon	Unc-Ashevill	24.87	12
29	Peters, Jake	Milligan	24.98	9
30	Seago, Nick	Mars Hill	24.99	13
31	Riddle, Alex	Unattached	25.09	8
32	Warren, Taylor	Unattached	25.64	11
33	Grant, Phillip	Chattahoochee Te	26.26	2
34	Richardson, Glenn	Lees-McRae	27.64	11
--	Archer, Andrew	Chattahoochee Te	DNF	1
--	Butler, Josh	Anderson (S.	DNF	8
--	Reynolds, Jeremy	Chattahoochee Te	DNF	2
--	Wise, CJ	Gardner-Webb	DNF	12

Event 21 Women 3000 Meter Run

Name	Year	School	Finals	
1		Zaldana, Lili	Milligan	10:47.21
2		Phillips, Carey	Winthrop	10:47.34
3		Bishoff, Whitney	Anderson (S.	10:49.87
4		Hanger, Kelsey	Appalachian	10:51.35
5		Shaw, Natalie	Appalachian	10:56.18
6		Williamson, Sarah	Appalachian	10:58.29
7		Payne, Stephanie	Appalachian	10:58.75
8		Orders, Hannah	Appalachian	11:13.30
9		Powell, Clair	Unc-Ashevill	11:37.39
10		Hamilton, Amanda	Appalachian	11:43.03
11		Williamson, Jenna	Appalachian	11:44.63
12		Ambrosia, Rachael	Unc-Ashevill	11:46.03
13		Cagle, Kaitlin	Appalachian	11:46.87
14		Mitchell, Danielle	Milligan	11:47.16
15		Neilson, Amy	Appalachian	11:50.37
16		Girodias, Ellen	Appalachian	12:00.25
17		Putnam, Erin	Unc-Ashevill	12:07.52
18		Hudak, Lia	Gardner-Webb	12:13.03
19		Glunk, Ellie	Gardner-Webb	12:26.91
20		Hooker, Hedi	Unattached	12:39.92
21		Moore, Hannah	Mars Hill	12:53.63
22		Robinson, Janey	Milligan	12:56.24
23		Rongoey, Linda	Chattahoochee Te	14:07.36

Event 22 Men 3000 Meter Run

Name	Year	School	Finals	
1		Mitchell, Phillip	Unattached	8:59.04
2		Lilley, Michael	Appalachian	9:01.91
3		Soderman, Sean	Appalachian	9:06.38
4		Fitzsimmons, AJ	Winthrop	9:11.72

5	Walker, Michael	Appalachian	9:13.46
6	Wofford, Charles	Appalachian	9:19.13
7	Campbell, Mason	Appalachian	9:19.50
8	Gragg, Justin	Mars Hill	9:22.63
9	Lopez, Carlos	Unc-Asheville	9:25.10
10	Meyer, Alec	Appalachian	9:26.24
11	Rankin, Kent	Unc-Asheville	9:37.40
12	Pena, Alex	Anderson (S.	9:38.48
13	Powell, Kit	Unattached	9:39.55
14	Barnes, Aaron	Winston-Sale	9:42.16
15	McCain, George	Mars Hill	9:43.89
16	Little, Justin	Milligan	9:44.03
17	Blackburn, Eric	Mars Hill	9:47.63
18	Witt, Colby	Gardner-Webb	9:51.24
19	White, Fabian	Winston-Sale	10:08.72
20	Dodson, Steve	Milligan	10:11.82
21	Ahmed, Said	Chattahoochee Te	10:20.26
22	Leija, Antonio	Chattahoochee Te	10:24.44
23	Barringer, John	Unc-Asheville	10:29.07
24	Hoyle, Jake	Gardner-Webb	10:57.56
25	Lewis, Ben	Chattahoochee Te	11:01.57

Event 23 Women 4x400 Meter Relay

School		Finals	H#
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1	Appalachian State 'A'	4:02.15	1
	1) Dunlap, Asia	2) McLucas, D'Shawnna	
	3) Hiller, Lynda	4) Liriano, Nadia	
2	Emory 'A'	4:03.69	1
	1) Reynolds, Alisha	2) Sa-Aadu, Hadzia	
	3) Levy, Melanie	4) Dyer, Alix	
3	Winston-Salem St. 'A'	4:06.66	1
	1) Lamons, Shanika	2) Harrison, Sandy	
	3) Webley, Crystal	4) Lawson, Ashley	
4	Winthrop 'A'	4:11.87	2
	1) Antia-Obong, Amami	2) James, Monique	
	3) Monroe, Cherise	4) Washington, Jasmine	
5	Milligan 'A'	4:13.41	2
	1) Migoyo, Yolanda	2) Makabu, France	
	3) Johnson, Suzanne	4) Figueroa, Elsa	
6	Unc-Asheville 'A'	4:19.70	3
	1) Gentry, Sarah	2) Jones, Eureka	
	3) Stafford, Whitney	4) Kalmeijer, Alyska	
7	Gardner-Webb 'A'	4:20.78	2
	1) Hughes, Ivana	2) Milton, Katy	
	3) Richardson, Cherish	4) Wright, Bethany	
8	Milligan 'B'	4:35.30	2
	1) Hubbard, Lauren	2) Raines, Shanna	
	3) Exline, Heather	4) Nelson, Leah	
9	Mars Hill 'A'	4:51.02	3
	1) Daughtry, Chelsea	2) Rogers, Rachael	
	3) Holloway, Melissa	4) Adamson, Cassie	
--	Appalachian State 'B'	DNF	1
	1) Parker, Christina	2) Brutus, Michelle	
	3) Crutchfield, Kiara	4) Martin, Shenita	
--	Appalachian State 'C'	DNF	3
	1) Howie, Linnea	2) Burke, Bridget	
	3) Crutchfield, Naadia	4)	

Event 24 Men 4x400 Meter Relay

School	Finals	H#
1 Appalachian State 'A'	3:24.15	1
1) Zeller, Nick	2) Powell, Landon	
3) O'Keefe, Nick	4) Svoboda, John	
2 Winston-Salem St. 'A'	3:26.42	1
1) Williams, Paul	2) Smith, Chad	
3) Grier, Bobby	4) Massey, Davril	
3 Emory 'A'	3:28.77	1
1) Chambers, Isaac	2) Brennen, Chike	
3) Francis, Ian	4) Faits, Tyler	
4 Milligan 'A'	3:33.55	3
1) Jordan, Dwayne	2) Ezike, Mike	
3) Patton, Kevin	4) Hawkins, Brendan	
5 Appalachian State 'B'	3:34.15	2
1) Combs, Tyler	2) Thompson, Sean	
3) Stephens-Holland, Gerald	4) Dohanac, AJ	
6 Gardner-Webb 'A'	3:34.22	1
1) Steinke, Paul	2) Steinke, Charlie	
3) Gardner, Steven	4) Miller, Bo	
7 Winthrop 'A'	3:36.62	2
1) Sulick, Charles	2) Facinoli, Theo	
3) Coe, Brenton	4) Mathis, Tyree	
8 Appalachian State 'D'	3:37.49	3
1) Goodchild, Jake	2) Lockard, Thomas	
3) Thomas, Justin	4) Pearce, DeSean	
9 Unc-Asheville 'A'	3:40.89	2
1) Larsen, Derek	2) Urrutia, Raymond	
3) Enright, Billy	4) Chirchir, Eliud	
10 Lees-McRae 'A'	3:45.15	4
1) Tanis, Brad	2) King, Bradley	
3) Williams, Brandon	4) Mostella, Stephen	
11 Chattahoochee Technical Colleg 'A'	3:45.78	4
1) Archer, Andrew	2) Philip, Harrison	
3) Oakman, George	4) Edwards, Jonathan	
12 Mars Hill 'A'	3:53.73	4
1) Barber, William	2) Greenfield-Tuttle, Josh	
3) Watson, Nathan	4) Ragland, Sherman	
13 Appalachian State 'C'	3:54.54	3
1) Weaver, Jay	2) Bush, Phillip	
3) Anderson, Seth	4) Mordecai, Sam	